

Resources are Available in Our Community to Help Cope with Social, Behavioral Health, and Substance Use Concerns

Bedford & Somerset Counties Crisis Line..... 1-866-611-6467
Available 24 hours a day, 7 days a week

National Suicide Prevention Lifeline..... 1-800-273-TALK (8255)

Línea Nacional de Prevención del Suicidio.....1-888-628-9454

Crisis Text Line.....Text “PA” to 741-741

Safe2Say (www.safe2saypa.org)..... 1-844-723-2729

Veteran Crisis Line..... 1-800-273-TALK (8255)

Disaster Distress Helpline..... 1-800-985-5990

Bedford County Substance Use Referrals..... 814-623-5009

Somerset County Substance Use Referrals..... 814-445-1530

Get Help Now Hotline (substance use disorders)1-800-662-4357

Community Care Member Services..... 1-866-483-2908

“911” Call if you can – Text if you can’t (Only available in Somerset County)

To help manage anxiety and other challenging emotions due to the COVID-19
emergency; the toll-free, round-the- clock support line is available...1-855-284-2494
(TTY: 724-631-5600)

