

2022 – BEDFORD COUNTY SUPPORT GROUPS

This is a list of regularly scheduled Support Groups in Bedford County. If you do not attend a support group regularly, please verify the scheduled time and location for the group that you wish to attend. Occasionally meetings are moved for special activities or speakers.

NAME OF SUPPORT GROUP	DAY/TIME	LOCATION	CONTACT INFORMATION
Alcoholics Anonymous	Every Thursday @ 8:00 pm	Bedford Presbyterian Annex Bldg. 145 S. Juliana Street Bedford, PA 15522	Eric Easton @ 814-652-9368 Tom Osterich @ 814-525-4285
Alcoholics Anonymous 11 Step Program	May – September Every Wednesday @ 6:00 pm	Dunnings Creek Friends Mtg. House 295 Old Quaker Church Rd. Fishertown, PA 15539	Linda G. @ 814-937-0411
Alcoholics Anonymous “Stairway to Serenity”	Every Tuesday @ 12:00 pm	Bedford Presbyterian Annex Bldg. 115 East Penn Street (upstairs) Bedford, PA 15522	Linda G. @ 814-937-0411
Alcoholics Anonymous	Every Thursday @ 8:00 pm	St. James Episcopal Church 309 S Richard Street – Thrift Shop Bedford, PA 15522	
Alzheimer Support Group	2 nd Thurs. of each month @ 1:00 pm	Spring House Cafe 150 Victoria Avenue Everett, PA 15537	Mandi Cottle @ 814-623-0349 or alcottle@hmwd.org
Bereavement Support Group “Laughter after Loss”	4 th Wed. of each month @ 11:30 am	Homewood at Spring House Estates 150 Victoria Avenue Everett, PA 15537	814-623-6891 or Gail @ 814-623-6913
Caregiver Support Group	2 nd Thurs. of each month @ 1:00 pm	Homewood at Spring House Estates 150 Victoria Avenue Everett, PA 15537	Mandi Cottle @ 814-623-0349
Grief Support Group “Comforting Friends” - Open to parents/grandparents who have lost a child/grandchild.	3 rd Tuesday of each month @ 7:00 pm	Trinity Reformed Church 722 Main Street Osterburg, PA 16667	Kelly @ 814-239-5410 or 814-329-1841 Bev @ 814-276-3932
Grief Support Group	Call to see when the next group starts		Charlene Ebersole @ 814-947-7060
Narcotics Anonymous “NA Way”	Every Wednesday @ 8:00 pm	Bedford Presbyterian Church 145 S. Juliana Street – Annex Bldg. Bedford, PA 15522	www.lmhana.com Lance @ 814-442-1497
Narcotics Anonymous	Every Monday @ 7:00 pm	Personal Solutions, Inc. 145 Clark Building Rd., Suite 5 Bedford, PA 15522	http://personalsolutionsinc.org 814-623-5009
Overeaters Anonymous 12 Step Program - For any eating disorder; not a weight loss program.	Every Tuesday @ 7:00 pm	Personal Solutions, Inc. 145 Clark Building Rd., Suite 5 Bedford, PA 15522	Sally @ 814-623-1557

NAME OF SUPPORT GROUP	DAY/TIME	LOCATION	CONTACT INFORMATION
Peer to Peer Mental Health Support Group	2 nd Wed. of each month @ 5:00 pm	Personal Solutions, Inc. 145 Clark Building Rd., Suite 5 Bedford, PA 15522	THINDINGER@PEERSTARLLC.COM